



QP CODE: 21100091

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# UNDERGRADUATE (CBCS) EXAMINATION, FEBRUARY 2021 Fifth Semester

(Offered by the Board of Studies in Zoology)

# Open Course - ZY5OPT02 - PUBLIC HEALTH AND NUTRITION

2017 Admission Onwards 57E59EE3

Time: 3 Hours Max. Marks: 80

#### Part A

Answer any **ten** questions.

Each question carries **2** marks.

- 1. What are the different Dimensions of Health?
- 2. Define avascular condition in bone.
- 3. Write the long term effect of alcohol on liver.
- 4. Define nutrition.
- 5. What is Beriberi?
- 6. What is meant by first aid? write any two major objectives of first aid.
- 7. What is meant by diabetes?
- 8. Mention any four life skills.
- 9. Name any four analytical methods for water analysis.
- 10. What is BOD?
- 11. What is a zoonotic disease? Give one example.
- 12. Name two emerging diseases.

 $(10 \times 2 = 20)$ 

**Turn Over** 



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#### Part B

## Answer any six questions.

# Each question carries 5 marks.

- 13. Comment on physical activity in present generation.
- 14. Explain the changes that exercise can bring to human body and blood circualtion.
- 15. Explain the types of Obesity.
- 16. Explain the principles of accident prevention.
- 17. What first aid measures will you give to a drowning victim?
- 18. Briefly explain the disease cholera.
- 19. briefly explain Hepatitis A.
- 20. Explain the three modes of transmission of anthrax.
- 21. What are mode of transmission and symptoms of TB?

 $(6 \times 5 = 30)$ 

## Part C

Answer any two questions.

Each question carries 15 marks.

- 22. Explain the relation between diet and exercise.
- 23. Analyse the role of yoga and meditation in attaining physical and emotional well being.
- 24. What are the factors which determine the water quality of potable water and comment on faecal contamination?
- 25. Write an essay on vector borne diseases and their control measures.

 $(2 \times 15 = 30)$ 

